

What does the Food in Guernsey Schools Policy Directive mean for the PTA?

We know that food and nutrition play an important role in helping children to learn effectively. Having a consistent message is key.

To demonstrate a commitment to promoting and supporting consistent, healthy behaviours among learners, the policy states that:

“schools and their fundraising committees will endeavour to choose fund raising opportunities that promote good health and nutrition.”

When planning extra-curricular activities and special occasions, the PTA will need to consider the following:

- Regular events (held monthly or more frequently) that provide food and drinks should meet the Guernsey School Food Standards. At less frequent events, schools should look to provide and promote healthy options alongside other food and drink options.
- School clubs, including breakfast and after-school clubs, should provide food and drinks in accordance with the Guernsey School Food Standards.